

Human Development and Public Policy

The concept of human development was implemented by the Human Development Report in 1990. Its origins can be found in the works of some of the world's greatest thinkers, including Aristotle, Immanuel Kant, John Rawls, Adam Smith and Karl Marx. In his book *development as freedom*. Amartya Sen defined the development: 'as process of expanding the real freedoms that people enjoy.' according to this definition, People are at the centre of this paradigm.

The first Human Development Report defined human development as: 'a process of enlarging people's choices. In principle, these choices can be infinite and change over time. But at all levels of development, the three essential ones are for people to lead a long and healthy life, to acquire knowledge and to have access to resources needed for a decent standard of living'.

Public policy relates to human development by building the human capabilities, which consist of Five distinct types of freedom including: political freedoms, economic facilities, social opportunities, transparency guarantees and protective security.

To sum up, the policy options that are broader and frame a certain course of action from which policymakers can derive their own specific policies are notably conceptually anchored in the human development approach.